

# London Paediatric Orthopaedic FRCS (Orth) Revision Seminars



**10<sup>th</sup> & 11<sup>th</sup> January 2020**

**The Gordon Museum, Guy's Hospital, London**

## **The ultimate, updated pass guide**

A new two-day instructional course from the directors of the highly successful Great Ormond Street and Evelina London Paediatric Orthopaedic FRCS (Orth) revision courses. Produced in response to popular demand, we will discuss both the core curriculum and the latest developments in paediatric orthopaedics in a carefully designed programme.

### **Features include:**

- Key learning points not “in the books”
- Tips to make core knowledge easy to recall under exam conditions
- Special attention to topics candidates frequently get confused about
- Where to direct your revision if your paediatric experience is limited
- What you need to know to improve your score from 6 to 7 or 8
- Plenty of opportunity to ask questions and clarify your thinking
- Fundamental concepts all illustrated with real cases, not just theory

**Course fee: £220 including lunch and refreshments**

10% discount for BOTA members or when referring a friend  
(20% discount when both criteria met)

**To register please visit: [www.londonpaedsortho.co.uk](http://www.londonpaedsortho.co.uk)**

## Course Programme Day 1

09:00-09:20 Registration

09:20-09:30 Introduction and Aims of the Course

09:30-10:00 Normal Variants - why this is essential knowledge for the exam

### Demystifying the Paediatric Hip

10:00-10:40 i) DDH - a logical approach to treatment

10:40-11:20 ii) SCFE- tackling the controversies

11:20-11:40 Coffee Break

11:40-12:10 iii) Perthes disease - explaining classifications and treatment

12:10-12:50 iv) Coxa Vara, Avascular Necrosis - DD & management

12:50-13:20 Lunch

### Demystifying Paediatric Orthopaedic Procedures (1)

13:20-14:00 Hip: Open Reduction, Osteotomies, Surgical Hip Dislocation

14:00-14:30 Limb Deformities and LLD - what people get confused about

14:30-15:00 Congenital Lower Limb Deficiencies - the essentials explained

15:00-15:20 Coffee Break

15:20-15:50 Congenital Upper Limb Conditions - principles & management

### Demystifying Paediatric Orthopaedic Procedures (2)

15:50-16:30 Frames, lengthening nails, 8 plates

16:30-16:40 Summary of the day

## Course Programme Day 2

09:00-09:30 Paediatric Trauma: common pitfalls and how to avoid them

09:30-10:00 Fractures around the Elbow - what the examiner wants to hear

10:00-10:30 Infections in Children - current concepts and treatment

### Demystifying the Paediatric Foot

10:30-11:00 i) Clubfoot and Congenital Vertical Talus

11:00-11:20 Coffee break

11:20-11:50 ii) "Neurological" feet (Cavo-Varus and Equinus deformities)

11:50-12:20 iii) Other (Malformations, Coalitions, Bunions, Flat & Skewfoot)

12:20-12:50 Lunch

### Demystifying Paediatric Orthopaedic Procedures (3)

12:50-13:30 Feet: Releases, Tendon Transfers, Osteotomies, Fusions

13:30-14:00 Metabolic Conditions - what you need to know for the exam

14:00-14:30 Skeletal Dysplasias and Syndromes - made easy

14:30-14:50 Coffee break

14:50-15:20 The Paediatric Knee - congenital pathologies, sports injuries

15:20-15:50 Cerebral Palsy - the modern approach to treatment

15:50-16:00 Summary of the day

**Sessions divided into - Instructional / Case Presentation / Interactive Discussion**